

CUMBERLAND VALLEY ATHLETIC CLUB'S 5TH ANNUAL JOHN F. KENNEDY 50 MILE HIKE

DATE: Saturday, April 1, 1967

TIME: At 6:30 A.M. Sharp; or before (after 6:00 A.M.), all hikers must report to the OFFICIAL'S TABLE for registration purposes. At this time numbers will be issued and each hiker must pin his particular number to his shirt front.

At 7:00 A.M. Sharp, the hike will begin. There may, or may not be provisions for late arrivals; therefore, it is imperative that you be on time.

START LOCATION: In front of the Boonsboro Junior High School.

POSTPONEMENT: The hike will be staged regardless of the weather conditions - rain or shine, the hike will go on.

RESPONSIBILITY: It should be fully understood that the Cumberland Valley Athletic Club will assume no responsibility for involved hikers. If young hikers are involved, it is understood that they are being accompanied by their respective parents, or other adult friends.

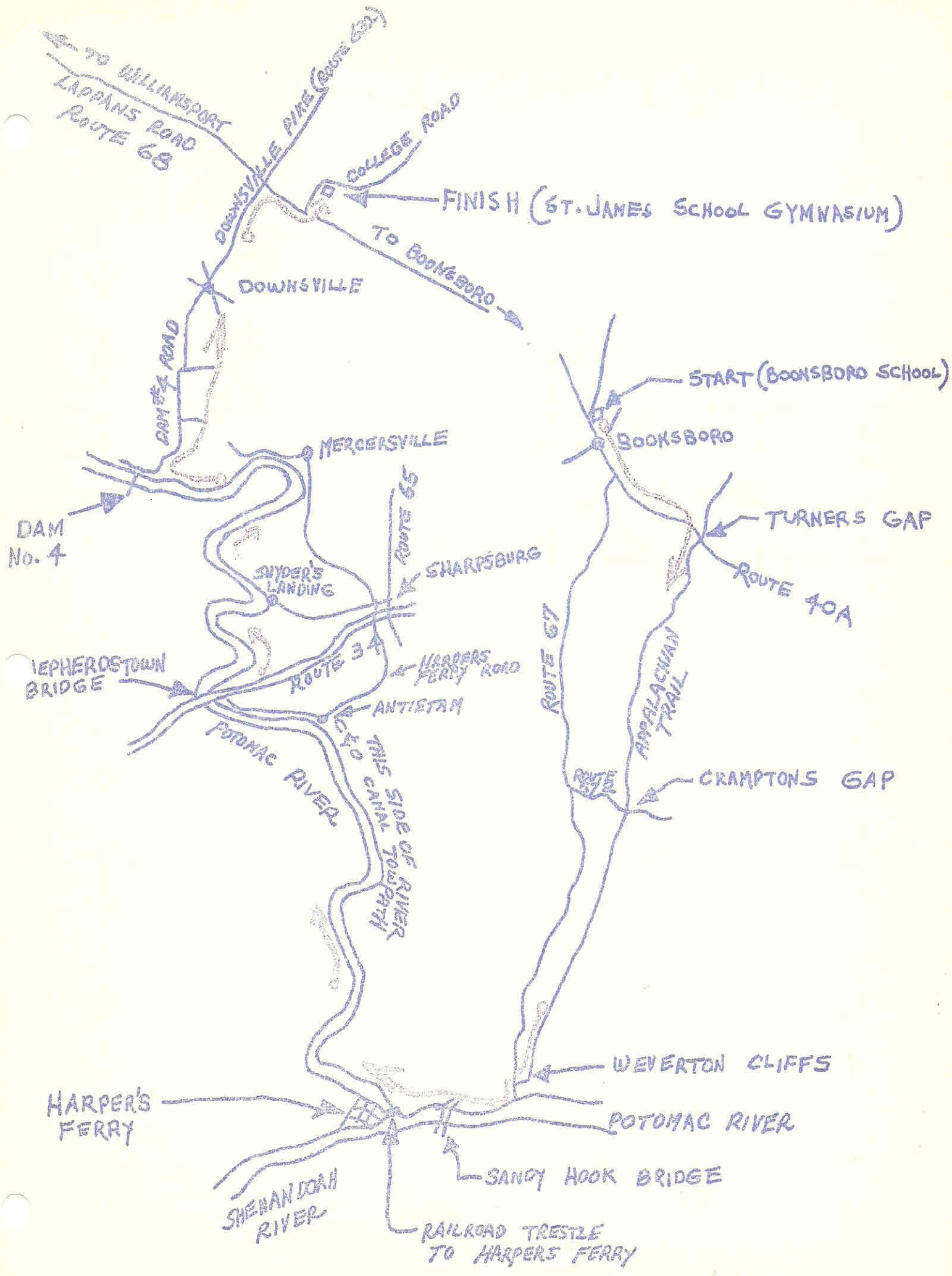
It is suggested that adult members of the families of hikers travel by automobile and keep in touch with their hiking family members - to pick them up when they have reached their particular goals, to provide refreshment along the way, etc. - but not to give them a ride from one hiking point to another.

AWARDS: Medals will be awarded to all finishers of the 50 mile hike (1st 5 - Large Gold Medals with ribbons; 2nd 5 - Large Silver Medals with ribbons; 3rd 5 - Large Bronze Medals with ribbons; 16th and on - Silver Medals. The oldest finisher will receive an additional medal; this also applies to the youngest finisher.)

\$50.00 in merchandise will be awarded to the first female finisher.

To all others, certificates will be awarded for reaching any one of the following checkpoints: Crampton's Gap - 9.7 miles, Weverton Cliffs - 15.9 miles, Antietam Aqueduct - 27.3 miles, Dam #4 - 42.1 miles, or St. James Academy - 50.2 miles. Due to the increasing spreading out, it is impossible to have more checkpoints, and therefore, only these attained checkpoint marks will be entered on certificates. Due to the hike being an all-day affair, awards will be given out at a later date.

NOTE: All hikers must make arrangements for their own return transportation. It is suggested that you have ready change for telephone calls - in case you intend for your transportation to pick you up at the conclusion of your hike.



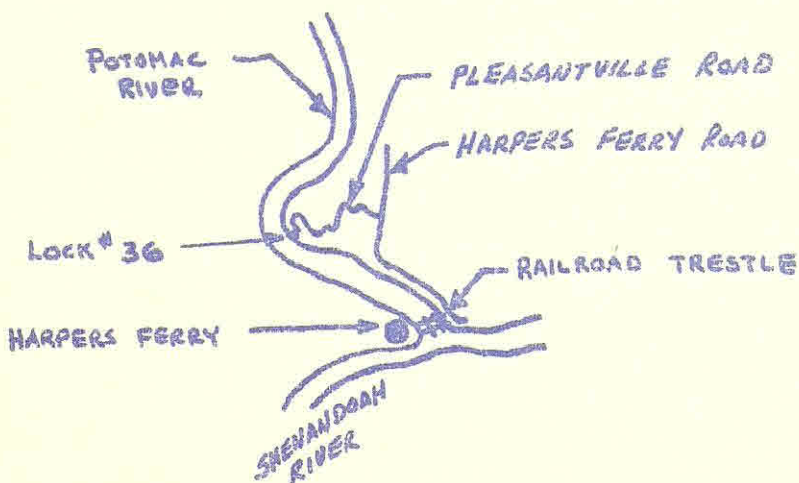
	VIA	MILES	TOTAL MILES
Boonsboro Junior High School to top of South Mountain at Turner's Gap	Route 40A	3.0	3.0
Turner's Gap to Crampton's Gap where paved Gapland road crosses mountain	Appalachian Trail	6.7	9.7
Crampton's Gap to intersection of Appalachian Trail with C & O Canal Towpath at Potomac River below Weverton Cliffs	Appalachian Trail	6.2	15.9
Weverton Cliffs to Sandy Hook Bridge (U.S. 340)	C & O Canal Towpath	1.6	17.5
Sandy Hook Bridge to railroad trestle at Harpers Ferry	C & O Canal Towpath	1.1	18.6
Harpers Ferry to Lock # 36 at Dam # 3	C & O Canal Towpath	1.7	20.3
Lock # 36 to Lock # 37	C & O Canal Towpath	4.6	24.9
Lock # 37 to Antietam Aqueduct (Village of Antietam)	C & O Canal Towpath	2.4	27.3
Antietam Aqueduct to Miller's Sawmill (Residential Area)	C & O Canal Towpath	1.4	28.7
Miller's Sawmill to Shepherdstown Bridge (Md. 34)	C & O Canal Towpath	2.0	30.7
Shepherdstown Bridge to Lock # 39	C & O Canal Towpath	1.2	31.9
Lock # 39 to Snyder's Landing	C & O Canal Towpath	2.7	34.6
Snyder's Landing to Lock # 40	C & O Canal Towpath	2.7	37.3
Lock # 40 to Mercersville	C & O Canal Towpath	1.6	38.9
Mercersville to Dam # 4	C & O Canal Towpath	3.2	42.1
Dam # 4 to Downsville	Dam # 4 Road	4.3	46.4
Downsville to intersection with Lappan road (Md. 68)	Downsville Pike (Md. 632)	2.3	48.7
Md. 632 - Md. 68 Intersection to College road	Lappans Road (Md. 68)	1.0	49.7
College road to finish at St. James School in front of the gymnasium	College Road	.5	50.2

- NOTES:
1. White rectangles painted on trees mark the Appalachian Trail. DO NOT TAKE the blue marked trails.
 2. The Appalachian Trail crosses U.S. 40A about 100 yards past the crest of South Mountain on the eastern slope.
 3. As you come out of the woods from climbing down the Weverton Cliffs, you must turn left onto a dead ending paved road, proceed up across elevated four lane U.S. 340, and cross railroad tracks to pick up the towpath by the Potomac River.
 4. Wooden posts near the towpath locks have the lock numbers stamped on them.
 5. As you approach Dam # 4 (20' waterfall), a paved road will appear on your right coming downhill and turning to parallel the towpath. You get on the road here and proceed up the hill and on to Downsville.

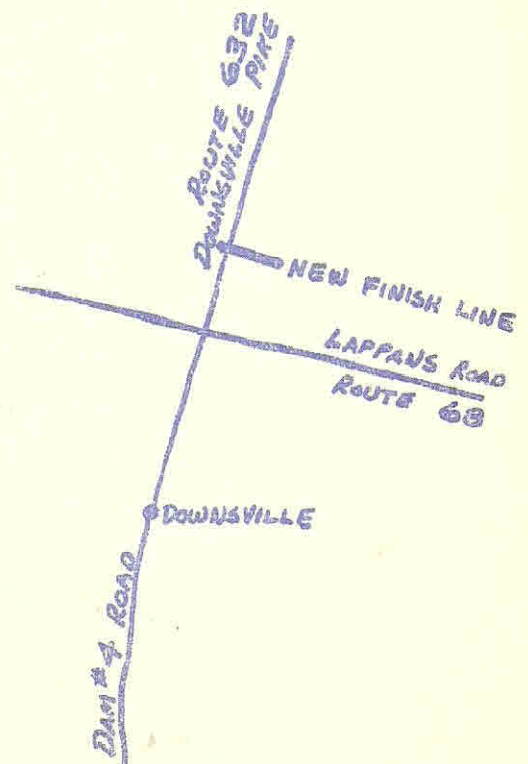
IMPORTANT

DETOUR

WHEN YOU PASS UNDER THE RAILROAD TRESTLE AT HARPERS FERRY, YOU WILL SEE A PAVED ROAD ON YOUR RIGHT RUNNING PARALLEL TO THE TOWPATH. CONTINUE ON THE TOWPATH UNTIL THE PAVED ROAD BENDS AWAY FROM THE TOWPATH. AT THIS POINT TAKE THE FOOT BRIDGE FROM THE TOWPATH ACROSS THE CANAL TO THE PAVED ROAD. FOLLOW THE PAVED ROAD (HARPERS FERRY ROAD) AS IT CURVES UPHILL AND AWAY FROM THE TOWPATH AND CONTINUE ON IT FOR .6 MILE WHERE PLEASANTVILLE ROAD APPEARS ON YOUR LEFT (IT IS A DIRT ROAD AND HAS A ROAD SIGN MARKER). FOLLOW PLEASANTVILLE ROAD FOR 1.6 MILES TO WHERE IT COMES OUT AT THE TOWPATH AT LOCK #36. THIS DETOUR IS NECESSARY TO GO AROUND A WASHOUT IN THE TOWPATH JUST AHEAD OF THE ~~WASHOUT~~ POINT YOU DETOUR FROM THE TOWPATH. THE DETOUR ADDS 1.2 MILES TO THE COURSE. TO COMPENSATE FOR THIS, THE FINISH LINE WILL BE MOVED TO THE DOWNSVILLE PIKE AT .3 MILE BEYOND THE LAPPANS ROAD-DOWNSVILLE PIKE INTERSECTION.



DETOUR MAP



NEW FINISH LINE MAP